

FITNESS RULES

Dear guests during your workouts please take care with all the exercise equipment's and consider the following rules to make sure that we can offer a comfortable atmosphere to all guests and staff.

- Every Client is responsible to be in good physical and mental condition before you start the training session. We will not take any responsibility for physical harm or material damage which is caused by incorrect use of the fitness machines
- The usage of the fitness area is allowed only with training clothe and shoes. Training shirtless or without shoes is prohibited.
- Wearing outdoor shoes is not allowed in the fitness area.
- Due to hygienical reason please always use a towel when training.
- Children and kids underneath the age of 15 are not allowed in the fitness area.
- Its not allowed to reserve a machine. Please leave the machines to other clients during your breaks.
- Please make sure that the whole machines and equipment will be disinfected after you used it. Also always tidy up the equipment after the training.
- It 's strictly prohibited to smoke in the fitness area!
- It 's not allowed to bring any pets or animals to the fitness area.
- We will not take any responsibility for lost or stolen objects.
- The usage and storage of any drugs or anabolic substances is strictly prohibited and will be reported to the authorities immediately.